**针灸学（02.035.0.1）**

《针灸学》是中医学的重要组成部分之一其中的经络学说更是中医基础理论的重要组成部分之一，广泛运用于中医对人体的生理学、解剖学、病理学、诊断学和治疗学各个方面。本学科的教学目的，是使学生能通晓针灸相关的基本理论、基本知识；初步习得针灸的基本技能；并能运用这些基本理论、基本知识和基本技能治疗针灸临床的一些常见病、多发病。

本课程由三部分组成，即经络腧穴学部分、刺法灸法学部分和针灸治疗学部分。其中，经络腧穴学部分包括总论和各论两部分。总论部分包括经络学总论和腧穴学总论两部分。经络学总论详细介绍经络系统的组成，十二经脉命名的依据、体表循行路线、体内属络关系、留注规律和交接规律等内容。腧穴学总论包括腧穴的定义、分类和主治规律、腧穴定位方法等内容。各论部分则分别按照十四经循行路线介绍本经的经络循行路线和主要腧穴的主治功效、临床配伍和针刺操作技术等基本知识。刺法灸法学部分主要介绍毫针针刺技术的内容，如临床常用毫针的规格，毫针进针前的准备、毫针针刺过程中运用到的各种基本技术；和灸法的临床应用、罐法的临床应用等基本技术。针灸治疗学部分则是经络腧穴学和刺法灸法学两部分基本知识的临床应用，由治疗学总论和治疗学各论两部分组成。总论主要介绍针灸的治疗作用、治疗原则、针灸处方的拟定原则和具体方法、特定穴临床应用等内容；各论部分主要介绍针灸临床的常见疾病的一般处理原则和方法，既是治疗学总论原则指导下的具体应用，也是经络腧穴学和刺法灸法学内容的灵活应用。

通过本课程的课堂教学、病例讨论，要求学生系统地明确经络、腧穴的基本理论，初步学习并使用刺灸操作技能，进一步加深针灸临床辨证论治全过程的理解，初步能够合理地在中医理论指导下，根据针灸治疗的法则，正确选取相关腧穴进行常见疾病的治疗，并能准确地施术。

本课程总学时为 42 学时。其中课堂讲授 39 学时，实验 3 学时。

教学方法以课堂讲授为主，讨论式教学为辅，并适当运用图表、录像、多媒体、实验等手段配合教学。 Science of acupuncture and moxibustion is a very important part of the traditional Chinese Medicine,theroy of meridians and collaterals from which is the important constituent part of TCM Basic Theory. It is widely used

to various aspects of Physiology,anatomy,pathology,diagnostics and Theraputics of TCM.The course focuses on basic theory, knowledge and technique of acupuncture and moxibustion for students to treat some commonly seen and frequent occurred diseases with acupuncture and moxibustion.

The course includes Science of meridians and acupuncture points,Science of acupuncture and moxibustion technique and Acupuncture and moxibustion theraputics.Science of meridians and acupuncture points includes overview and monograph. Overview includes overview of meridians and collaterals and overview of acupoints.

Overview of meridians and collaterals gives a detailed introduction of the constitute of meridians and collaterals system,the accordance to name twelve meridians,way along body surface, the relationship between meridians and internal organs, law of connection and so on. Overview of acupoints includes definition，classification， law of major functions and location method of acupoints and so on. Monograph contains way along meridians and collaterals,location,major functions and compatibility with other acupoints of main acupoints, as well as acupuncture and moxibustion technique and so on basic knowledge in the order of fourteen meridians. Science of acupuncture and moxibustion technique licludes acupuncture techniques by needles, such as standard of commly used needles,preparation before acupuncture,various basic techniques in the course of acupuncture, as well as clinical application of moxibustion and clinical application of cupping, and so on. Acupuncture and moxibustion theraputics is the clinical application of basic knowldge which includes Science of meridians and acupuncture points and Science of acupuncture and moxibustion technique.It is composed of overview and monograph. Overview contains therapeutical effect, principle of treatment,law of selecting acupints,how to match acupints and clinical application of specific points of acu-mox field. Monograph mainly introduce general principle and way of treatment of those commonly seen and frequent occurred diseases. It is not only specific application of overview principle,but also flexible application of Science of meridians and acupuncture points and Science of acupuncture and moxibustion technique.

Through teacher talk and CBL&PBL,the students are demanded to clearly know basic theory of meridians and acupuncture points,preliminary master acupuncture and moxibustion technique,make further improvement on the understanding of the whole course of treatment based on syndrome differentiation in acu-mox clinic, as well as correctly select relevant acupoints to treat those commonly seen and frequent occurred diseases and operate techniques accurately according to principle of acu-mox treatment under the guidance of TCM theory.

All 42 class hours,of which theory course about 39 hours and pratical course about 3 hours.

Teaching in class is the main form, accompanied by case discussion. Charts, videos and multimedia will be applied in the course as well.