**推拿手法学二（04.022.0.2）**

推拿手法学二是针灸推拿专业的主干核心课程，通过本课程的学习，实现对是推拿手法学一的巩固和提高，再技技巧、力度上更熟练、持久。同时要求掌握叩击类、振动类和运动关节类手法的术式要领、临床应用及练习方法。课程通过课堂讲授、技能示教及带教训练，使学生掌握推拿基本手法的理论知识、操作技能，以及基本手法在人体不同部位的操作规范。同时培养学生的观察、思维和动手等综合能力，为继续学习推拿人体操作、推拿治疗学等后续课程，胜任推拿医疗和研究工作打好基础。

Manipulation of Tuina Ⅱ is the core course for Acupuncture and Moxibustion and Tuina Manipulation majors. Through the study of this course, Manipulation of Tuina Ⅰ can be consolidated and improved, and techniques and intensity should be more skillful and lasting as well. At the same time, students are required to master the essentials of tapping manipulations, vibrating manipulations and mobilizing manipulations and their clinical application and practice methods. Through classroom teaching, skills demonstration and practice training, this course helps students master the theoretical knowledge and operational skills of basic Tuina manipulations, as well as operating norms related to the application of basic manipulations to different parts of the body. Also, this course is aimed to cultivate students' comprehensive abilities like observation, thinking, problem-solving, etc., thus laying the foundation for continuing to learn other follow-up courses like manipulation of Tuina on human bodies and Tuina therapeutics, as well as cultivating students’competence in Tuina health care and related research work.